

TO: Mayors, Wardens, Councillors, and All Units

FR: Debbie Nielsen, UNSM

RE: HEART & STROKE *WALKABOUT*TM IS PLEASED TO ANNOUNCE ITS 2017 WALKABILITY GRANTS FOR MUNICIPALITIES, GROUPS AND INDIVIDUALS.

The way our physical space – our built environment – is designed influences the physical activity choices Nova Scotians make. The Heart and Stroke Foundation is a recognized leader in linking community planning to improved health. As part of this work, Heart&Stroke *Walkabout*TM offers Walkability Grants to help increase walking participation.

This year only, the number of grants available has been increased: Heart&Stroke *Walkabout*TM is offering two grants at the **\$5,000** funding level, and additional grants at the **\$250 – \$2,500** level. For more information, visit: <http://walkaboutns.ca/2017/02/2017-walkability-grant-application/>

For a grant application: [Word – Fillable Walkabout Grant Application 2017 version 2](#)

Applications will be accepted until 4:30 p.m. on Thursday March 2, 2017

For more information, contact the Heart&Stroke *Walkabout*TM Team by email (walkabout@heartandstroke.ca) or phone (902.423.7530 Option 5).

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